Local Attractions:

Are looking for things to do in the Flathead Valley while you are visiting us? Do you have family traveling with you that needs to be entertained while you are sewing? Here are some of our favorite local activities:

Glacier National Park:

One of the most beautiful places you will ever go! There is tons of hiking and outdoor recreation to be had in the park. There are boat tours on several of the lakes, lodge tours, Red Bus Tours, Ranger Guided Hikes, etc. For more information check out the following websites: National Park Service: <u>http://www.nps.gov/glac/index.htm</u> Glacier Park Inc.: <u>http://www.glacierparkinc.com/</u> Glacier Park Boat Company: <u>http://glacierparkboats.com/</u>

Helicopter Tours:

Much of the park is accessible only by extensive hiking. Get to see many of these areas from the air! For more information check out the following websites: Glacier National Park Helicopter Tours: <u>http://www.nationalparktravel.com/glacier_helicopter.htm</u> Kruger Helicop-Tours: <u>http://www.krugerhelicopters.com/</u> Glacier Heli Tours: <u>http://www.glacierhelitours.net/</u>

Horseback riding:

There are many local outfitters that provide trail rides in Glacier Park and in other scenic areas of the Flathead Valley.

For more information check out the following websites: Swan Mountain Outfitters: <u>http://www.swanmountainoutfitters.com/glacier/</u> Bar W Guest Ranch: <u>http://www.thebarw.com/</u>

White Water Rafting:

As winter recedes and the snowpack in Glacier melts it fills the rivers with mad rushing water. The peak time is late spring/early summer when the runoff is at its highest. Coming later in the year could mean your wild float is pretty mellow as the rivers will have calmed.

For more information check out the following websites:

Glacier Outdoor Center: http://www.glacierraftco.com/activities/

Great Northern Rafting: <u>http://www.greatnorthernresort.com/</u>

Glacier Guides Inc:

http://www.glacierguides.com/rafting_trips_with_montana_raft_company.html Wild River Adventures: http://www.riverwild.com/raft.html

Fly Fishing:

Try out our world class fishing here in the Flathead Valley. For more information check out the following websites: Bigfork Anglers Fly Shop: <u>http://www.bigforkanglers.com/</u> Glacier Guides Inc: <u>http://www.glacierguides.com/</u>

<u>Golf:</u>

Is your husband an avid golfer? Keep him busy hitting our local links while you sew!

For more information check out the following websites: Buffalo Hills Golf Course: <u>http://www.golfbuffalohill.com/</u> Village Greens Golf Course: <u>http://www.villagegreensmontana.com/</u> Whitefish Lake Golf Course: <u>http://www.golfwhitefish.com/</u> Polson Bay Golf Course: <u>http://www.polsonbaygolf.com/</u>

Whitefish Mountain Resort:

While a favorite ski spot, Whitefish Mountain Resort also offers year round recreation. They offer Ziplines, biking, Tree top walks, Gondola Rides, and more during the summer! For more information check out the following websites:

http://skiwhitefish.com/

On the Lake:

Far West Tours: Take a trip on Flathead Lake with Far West Tours. Join one of their daily cruises, charter your own trip, or check out their music events for 2012!

http://flatheadlakeboattour.com/index.php?option=com_content&view=article&i d=68<emid=435

Wild Wave Boat Rentals: If you want to enjoy a little fun and sun on the lake while you visit us, renting a boat from Wild Wave is a great choice! The Lakeside location is approximately 5 miles from the retreat house! Check their website for more information. <u>http://www.wildwaverentals.com/index.htm</u>

Sportsman Ski Haus Kayak Rentals: Flathead Valley offers a multitude of Kayaking opportunities, whether you are looking for flat water or whitewater! Launch your kayak on Flathead Lake, right down the road from the retreat center at the Somers Bay park! <u>http://www.sportsmanskihaus.com/services</u>

Farmers Markets: Flathead Valley hosts a number of Farmers Markets weekly.

Kalispell, Saturday: <u>http://www.localharvest.org/kalispell-farmers-market-M2639</u>

Whitefish, Tuesday: http://whitefishfarmersmarket.org/

Bigfork, Wednesday and Saturday: <u>http://www.localharvest.org/bigfork-farmers-</u> market-cooperative-M22187

Polson, Friday: http://www.farmersmarketonline.com/fm/PolsonFarmersMarket.html

There are many, many more things to do in the Flathead Valley but we hope this provides you with a place to start your search!